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## RIVERFRONT DENTISTRY

5131 River Club Drive, Suite 220  
Suffolk, VA 23435  
(757) 484-4197 (phone & text)

## Welcome to RIVERFRONT DENTISTRY

We're so glad you have chosen us as your dental team! This guide is meant to provide specific information to help us get off to a great productive start.

- Dental Services
- PRF/BOTOX/Aesthetics
- BOTOX/TMJ
- Invisalign

As of September 2024 we have made changes to our office and now only **accept new adult patients ages 13** and older. We recommend All Kids Dental as an alternative for children cleanings. Their number is 757-922-8110

Please complete the **entire** information (pages 1-4) below and reply back to this email (or by mail) so our team may be able to streamline the process to reserve the appropriate appointment for you in our office.

The form must be **completed in full** so we may be able to provide the best information for you that we can obtain from your insurance policy.

Name \_\_\_\_\_

DOB \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

Cell Phone \_\_\_\_\_

Insurance Company \_\_\_\_\_(If scheduling aesthetics appointment only this portion can be left blank)

Insurance Sponsor Name (Self or someone else ) \_\_\_\_\_

Sponsor's DOB \_\_\_\_\_

Insurance ID# \_\_\_\_\_ (If social security #,  
we do need the complete number, if Tricare United Concordia, we need the DEER's Benefit #)

Group # \_\_\_\_\_ Insurance phone# \_\_\_\_\_

When was your last known dental visit and what was done?

\_\_\_\_\_

When was your last known cleaning?

\_\_\_\_\_

Any dental or other concerns ?

\_\_\_\_\_

Last Bitewing X-rays \_\_\_\_\_

Last full mouth series \_\_\_\_\_

Last panoramic \_\_\_\_\_

\*Insurance companies typically cover bitewing x-rays once every year or 12 months and full mouth series/and or panoramic x-rays every 3 to 5 years. **We will need** these x-rays for your new patient appointment to our office when establishing yourself as a patient.

If you have these x-rays current with your insurance company, they will not cover a new set, even if you have been transferred to a new duty station, for the full mouth series. **These must be emailed to us at [info@riverfrontdentistry.com](mailto:info@riverfrontdentistry.com) within 2 weeks of scheduling an appointment** to our office to keep the new patient reservation appointment at Riverfront Dentistry. We recommend that you immediately reach out to your prior dental office to start that process and follow-up if necessary. Unfortunately, if these are not emailed to us within that 2 week timeframe it does not allow time to upload them into your record. The doctor and clinicians cannot review them for quality. At times we receive inadequate films for diagnostic purposes. Riverfront Dentistry believes in informing you if new ones will need to be taken. In addition, if we do not receive x-rays your insurance will not cover new x-rays due to frequency limitations. Any **out-of-pocket cost will be the patient's responsibility on the day of service.** By completing this form thoroughly, and starting the process of x-rays from a previous dental office, this helps limit any unknown out-of-pocket expenses. Cost can range from \$84 - \$200 per patient depending on needed x-rays.

Thank you.

Other family members that need to schedule. (Age 13 and older)

Name.                      DOB

\_\_\_\_\_

Last Cleaning? Last X-rays? \_\_\_\_\_

Name.                      DOB

\_\_\_\_\_

Last Cleaning? Last X-rays? \_\_\_\_\_

Name.                      DOB

\_\_\_\_\_

Last Cleaning? Last X-rays? \_\_\_\_\_

Name. \_\_\_\_\_ DOB \_\_\_\_\_

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Last Cleaning? Last X-rays? \_\_\_\_\_

Name. \_\_\_\_\_ DOB \_\_\_\_\_

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Last Cleaning? Last X-rays? \_\_\_\_\_



Scan Here to Learn More!



**Would You Be Interested in the Following Services?**

1. **NightLase®**  
a. A Non-Surgical Snoring Treatment for Better Quality Sleep

- Yes  
 No



2. **SmoothLase™**  
a. Intra-Oral, Anti-Aging Facial Treatment.

- Yes  
 No



3. **LipLase™**  
a. All Natural Laser Lip Plumping Treatment

- Yes  
 No



4. **ComfortLase™**  
a. The Ideal Solution for Wound Healing and Pain Reduction

- Yes  
 No



## WHO WE ARE

### Welcome to

RIVERFRONT DENTISTRY IN SUFFOLK, VA!

Riverfront Dentistry is here to exceed your expectations when it comes to family dental care. We love getting to know our patients, because we value those trusted relationships with our community and because it helps us offer truly personalized care.

We think you'll be pleasantly surprised when you visit our office to see modern amenities that go beyond the expected. In our reception area, you can treat yourself to complimentary beverages and snacks. In our treatment rooms, clean line technology with a welcoming atmosphere to make yourself comfortable with pillows and blankets. We want your time with us to be as relaxing as possible. We're here to take care of you!

### The team

At Riverfront Dentistry, our mission is to provide the highest quality care possible to our patients in Suffolk while also constantly growing as dental professionals. We work hard to create a positive experience for you and to stay up-to-date with advancements in our industry so that you can always enjoy modern, trustworthy dental care. We are here to help you understand, learn, and take a proactive role in your own dental care and health. If you ever have any questions, please don't hesitate to give us a call or to bring them up during your visit. We want to foster close, long-term relationships with our patients where you feel comfortable expressing your needs and concerns, because it helps us provide you with customized, exceptional care.

### MEET ANTHONY A. ELGOHARY DMD



Dr. Elgohary is originally from the Virginia Beach area. He attended Old Dominion University and received his dental degree from Tufts School of Dental Medicine in Boston, MA. Dr. Elgohary strives everyday to serve his patients with exceptional dental care. His practice philosophy is to provide dentistry that looks good, lasts, is comfortable, and is easy to maintain. He is an active member of:

American Dental Association

Academy of General Dentistry

Virginia Dental Association

Dr. Elgohary currently resides in Northern Suffolk with his wife, Dina, and their identical twin boys. In his free time, he enjoys playing tennis, cooking, and spending as much time with his sons as possible.

## **HEIDI**

**Heidi**, the team's Office Manager, loves dentistry and has dedicated over 30 years to growing in the Hampton Roads dental community. She started her career as a Dental Assistant after graduating from ECPI and moved to coordinating and volunteering at a local non-profit dental clinic for the under-served before coming to Riverfront Dentistry. She married her high school sweetheart just after high school and moved to Hampton Roads in 1992. Together they have raised their 2 sons, added a daughter-in-law in 2020, and welcomed a granddaughter in the spring of 2023. In their spare time they enjoy their bloodhound "Bo" and their 2 cats in the countryside of Isle of Wight County.

## **HEATHER, RDH**

Our hygienist, **Heather Bowen**, grew up in Chesapeake then moved to Suffolk after getting married. She received a BS in Education and then another BS in Dental Hygiene a few years later at Old Dominion University. Heather enjoys many hobbies such as gardening, beekeeping, snowboarding, wood burning, camping, tie-dying, knitting, reading, and exercising! Her two dogs eat everything and her family just adopted a pig! She and her husband have two kids that they love spending time playing games, riding bikes, cooking, and teaching them everything! That passion for education has carried over in dental hygiene because she loves taking care of her patients so they will love their smile for many years.

## **KATIE, RDA**

**Katie**, Our lead Registered Dental Assistant, received her education in 2008 at Bryant and Stratton and has worked in the dental field since. She enjoys having fun with our patients and believes laughing makes the day roll by. You may very well hear her laughing from the moment you enter our office. Katie lives in Carrollton with her husband, their 3 children, their dog Sabrina, and cat Grumbles. When she isn't at Riverfront Dentistry making us all laugh, she enjoys binge watching TV shows, a nice bottle of wine and trying out new restaurants with her husband.

## **JESSICA, RDH**

Our Hygienist, **Jessica Sweatman**, is native to Hampton Roads and currently resides in Smithfield with her husband, 2 boys, 2 dogs, 1 cat, 4 birds, and a hive of bees. Jessica's love of education and advocating for people has earned her a BS in sociology and anthropology from VCU and a BS in Dental Hygiene from ODU. She was a domestic violence and sexual assault counselor before she became a dental hygienist. She enjoys being outdoors and watching Hallmark movies. Her passion for health and fitness keeps her running daily as she trains for triathlons. Her boys share her love for outdoor activities as their family spends many evenings and weekends on soccer and sports fields.

## **SAMI, RDA**

**Sami**, was our second Dental Assistant and earned her Dental Assistant degree at the Academic of Dental Technology and has been assisting in dentistry for over 15 years. Sami recently moved to our front desk and now enjoys scheduling your next appointments while still assisting Dr. Elgohary when needed. Sami grew up locally in Smithfield. Currently, she resides in Virginia Beach with her forever boyfriend, two daughters, and their little dog “Caeser Man”. In her spare time, she is a Realtor® and loves to mesh the two careers! She enjoys concerts and wineries when she can.

## **TAMMY**

**Tammy** is the first person that will greet you and the last one to see you when you come to our office. Tammy grew up in Suffolk and has raised her 3 children in the Western Branch area of Chesapeake. Tammy does everything with a contagious smile and makes everyone feel like you have walked into a home and not just a dental office. In Tammy's spare time she enjoys traveling north to visit her best friend, or just hanging with her bougie dog Finn, her son and 2 daughters, and of course her firefighter husband of 20 + years!

## **SERVICES BEYOND TRADITIONAL DENTISTRY**

### **INVISALIGN®**

Did you know that you can straighten your smile without ever having to wear noticeable metal braces? Invisalign is a great orthodontic alternative for people who want a convenient, more subtle way to improve their smile. Instead of using brackets and wires, Invisalign aligner therapy uses clear trays that fit snugly over your teeth.

### **TMJ TREATMENT**

Temporomandibular joint disorder, commonly known as TMD, has a number of different symptoms as well as causes. Because of the uniqueness of each case, it's important to visit a professional to get an accurate diagnosis and personalized solution. At Riverfront Dentistry, we have a number of treatment options available that can give you relief, including occlusal adjustments, occlusal splints, nightguards, and BOTOX®.

### **BOTOX® AND FILLERS**

Dentistry treatments often seem to end after you've attained a beautiful, functioning smile. However, at Riverfront Dentistry, we take treatments one step further by providing facial aesthetics to help you remain youthful as well as treat TMJ and migraines. With Botox® and fillers, we can help you reduce signs of aging, TMJ, and migraines! Schedule a consultation with our knowledgeable team to learn more and begin your treatment.

### **PRF AND LASER**

Riverfront Dentistry is excited to announce SmoothLase and Care Esthetics, the most advanced regenerative advanced regenerative science in esthetics. No chemicals, no fillers. Using platelet rich fibrin for wrinkle removal, increasing collagen production, acne scarring reduction and skin tightening.

## DENTAL IMAGING ITERO® DENTAL IMPRESSIONS

Riverfront Dentistry is able to provide our patients with a non-invasive, five to ten-minute scan that digitally captures the form and structure of the tooth and gum line through a series of 3D pictures. This digital impression scanner performs parallel confocal scanning by capturing 100,000 laser points in perfect, sharp focus, providing greater accuracy to patients and virtually eliminating return appointments for readjustments. A new and improved digital map of the mouth helps our team educate our patients

### In the know before your visit

- **\*\*\*Please remember to arrive 5 minutes early to your appointment to allow time to check-in. Due to the timing of our appointments, and respect to our other patient's schedules and team members, any arrival more than 5 minutes after appointment time will be rescheduled\*\*\***
- Please upload the front and back of any dental Insurance Cards you may have with your completed forms.
- Active Duty military dependents may attach their military ID (front and back) so we may ensure to obtain the proper benefit number.
- We are in-network with United Concordia, Delta PPO+Premier Insurance and can file all other dental plans that are a PPO plan ( Cigna, Aetna, ect) as long as they are not a DMO plan. We can not file for DMO plans or state Medicaid plans. We are NOT associated with any discounted pay as you go plans as found on TV.
- Delta Dental recently (2024) announced a new Medicare plan. As of October 2024 we will not be in-network with this plan.
- Failure to show for your new patient appointment, will result in not being able to reschedule. We typically reserve over an hour for these appointments and currently scheduling 4 to 6 months out. A no show or short cancellation time frame does not allow another patient that has been waiting to be seen.
- We really try to customize each appointment to each patient's needs. With the completion of this form we will be able ensure that we gather the necessary documents and information to prepare us for your visit to our office.
- Depending on your previous oral health care, your first visit to Riverfront Dentistry may only be a diagnostic meet and greet visit. Many factors play into why we determine a diagnostic visit will be the best course of action when scheduling.
- Years between visits
- Separation from military status
- Past dental history and time between visits
- Change in medical history



- Not each person's oral health is the same and we aim to educate individuals that what one patient maybe able to have completed in a 45-60 minute appointment another patient would not.
- When arriving to our parking, drive around to the back of the building, (the long portion where black metal fencing separates from woods and shopping center) NOT under the sign of Riverfront Dentistry. Park on back side, and enter the double doors. Take stairs or elevator to 2nd floor. Our office is located past the elevator.

Thank you,

**Riverfront Dental Team**